

# Cardinal Allen Catholic High School





## Changing Arrangements for PE & School Sport

#### 1. Curriculum time requiring the use of changing facilities:

- Pupils in Years 7 to 10 are allocated 2 hours curriculum time for PE/Sport every week. Pupils in Year 11 are allocated 1 hour.
- Pupils in Years 10 & 11 who have elected to study GCSE or BTEC PE/Sport will also require the use of changing facilities for some of the course. This time will vary over the two years but may be at least for 1 hour per week.
- Pupils involved in extra-curricular activities may also require the use of changing facilities.
- Opposing teams fulfilling sports fixtures always arrive changed. If a special fixture is ever planned (e.g. against a touring team) special arrangements involving existing facilities will be made to host such an event.

#### 2. Changing facilities:

- Changing rooms for boys and girls (boys lower floor, girls upper floor) are modern, wellequipped facilities. For boys & girls there are cubicle toilets and cubicle showers. For
  pupils requiring privacy when changing the cubicle areas are used. Sensitivity is shown to
  pupils in such circumstances.
- Disabled pupils (e.g. wheelchair users) have the additional facility of a large disabled toilet on the ground floor.

### 3. Changing routines:

• In line with Physical Education School Sport Safe Practice guidelines PE Staff supervise when pupils change. This is to ensure routines are safe protecting vulnerable children from potential bullying. Staff occupy themselves in the changing area with preparation tasks during this time.

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